The materials of Dianetics and Scientology comprise the largest body of information ever assembled on the mind, spirit and life, rigorously refined and codified by L. Ron Hubbard through five decades of research, investigation and development. The results of that work are contained in hundreds of books and more than 3,000 recorded lectures. A full listing and description of them all can be obtained from any Scientology Church or Publications Organization. (See page 32 to receive a free copy of a Guide to the Materials.)

Dianetics is a forerunner and substudy of Scientology. On the following pages are the recommended books for beginners. They appear in the sequence Ron wrote them.

This is the path to knowing how to know, unlocking the gates to a better future for you. Travel it and see.
L. RON HUBBARD, best known to the world as the Founder of Dianetics and Scientology, is universally acclaimed as the single most influential author and humanitarian of this modern age. His definitive works on the mind and spirit—comprising over 200 million copies in circulation and more than 40 international bestsellers—have resulted in a legacy benefiting millions and a movement spanning all cultures.
Dianetics: The Original Thesis is L. Ron Hubbard’s first description of Dianetics. Originally circulated in manuscript form to a few friends, it was soon copied and passed hand-to-hand until it literally circled the globe. But the resultant word of mouth only fueled the fire. With thousands of letters requesting more information, Ron concluded the only way to answer all inquiries was with a book. That book was Dianetics: The Modern Science of Mental Health, now the all-time bestseller on the mind. Find out what started it all. For here are the bedrock discoveries and equations of Dianetics, including:

- The Primary Axioms of Dianetics—axioms upon which the entire subject is built
- The discovery of the Dynamic Principle of Existence that drives all life forms—SURVIVE!
- The Four Dynamics by which life is compartmented and which determine one’s survival
- The discovery and anatomy of the Reactive Mind
- Engrams, the single source of all irrational behavior
- The powerful command in every engram which prevented their discovery and handling before Dianetics
- The Analytical Mind, its function and operation
- The first description of the state of Clear, its attributes and potentials
- And, most important, the Laws of Returning—containing the explanation of both how and why auditing works

Here, then, are the fundamental breakthroughs Ron used to make the first Clears—breakthroughs which made possible the development of technology for use by every individual to begin the clearing of a planet, breakthroughs only contained in Dianetics: The Original Thesis.
The hidden source

dianetics

L. Ron Hubbard

Dianetics: The Evolution of a Science

Chapter Five

How the Mind Works

Well, to solve this problem we did not have to know:

Dr. Shannon commented in 1949, that he had tried in every way he could think of to compute the material in the memory bank of the brain — and he had been forced to conclude that the brain could not retain more than three moments of information, even if it recorded everything.

Dr. McCulloch's research revealed that everything is recorded and retained.

The amount of power it would cost to light New York City and that it would take just 0.1 cent each.

It's a matter of structure.
Dianetics: The Evolution of a Science is L. Ron Hubbard’s own story revealing how he arrived at his discovery of the Reactive Mind that underlies and enslaves Man.

Written to coincide with the release of Dianetics: The Modern Science of Mental Health, Evolution of a Science was originally published as a book-length feature in a national magazine. The issue sold out within days, triggering thousands of letters and creating a storm of interest that grew into a worldwide phenomenon. Dianetics: The Evolution of a Science contains the only account of:

- How the optimum computing machine—the mind—works
- How Ron discovered Basic Personality
- How the Dynamic Principle of Existence—SURVIVE!—was first isolated
- How wrong answers enter into the mind and are held down, giving further wrong answers
- How there seem to be “Demons” of the mind
- How the engram was discovered
- How Dianetics techniques were developed

That’s why Evolution of a Science is the story of the greatest adventure of all—the exploration that discovered the Reactive Mind and the technology to conquer it. He wrote it so you would know.

DIANETICS: THE EVOLUTION OF A SCIENCE
Available in hardback, paperback or audiobook format
224 pages (2 CDs)
The Reactive Mind

It is fairly well accepted in those times that life is all based
upon the basic building blocks: the cell and the mind. The
mind, in turn, is based upon the reactive mind. The reactive
mind is that part of the mind which is not in control of the
person's actions.

In this book, L. Ron Hubbard presents a modern science of mental health based on the Reactive Mind concept. He argues that the Reactive Mind is responsible for a person's actions and that understanding it is key to improving one's mental health.

The Reactive Mind is a concept that is explored in depth throughout the book, with examples and exercises to help readers understand and control their own Reactive Minds. It is a book that is both enlightening and practical, offering readers a new way of looking at their own minds and the minds of others.
Containing discoveries heralded as greater than the wheel or fire, *Dianetics* has remained a bestseller for more than 50 years. And with over 20 million copies in print, generating a movement that spans virtually every country on Earth, it’s indisputably the most widely read and influential book ever written about the human mind.

Here is the anatomy and full description of the *Reactive Mind*, the previously unknown source of nightmares, unreasonable fears, upsets and insecurities which enslave Man. This book shows you how to get rid of it, and so achieve something Man has previously only dreamed of: the State of Clear.

Among the discoveries herein:
- The Goal of Man
- The Dynamic Principle of Existence—the one word that motivates all living things
- The Four Dynamics—the drives upon which all of life is compartmented
- The Descriptic Graph of Survival—revealing one’s true potential and how to achieve it
- The discovery of and complete anatomy of the Reactive Mind
- The painful experiences—engrams—contained in the Reactive Mind which command one to act irrationally against their own wishes and goals
- The impact of prenatal engrams—what took place before you were born and how it’s influenced you ever since

*Dianetics* enables you to discover and eradicate these harmful experiences so they never affect you again, revealing the one person you’ve always wanted to know—you.
“Here begin the lists of questions by which the individual can explore his past and improve his reactions toward life.”

L. Ron Hubbard

from “Processing Section,” Self Analysis
Do you really know yourself? Now you can, with *Self Analysis*. This book will take you through your past, your potentials, your life. First, with a series of self-examinations and using a special version of the Hubbard Chart of Human Evaluation, you plot yourself on the Tone Scale. Then, applying a series of light, yet powerful processes, you embark on the great adventure of self-discovery. This book further contains embracive Dianetic principles that answer the questions you’ve had, but never knew where to ask:

- The laws of survival and abundance
- The most embracive description of consciousness
- Essays describing a broad array of Dianetic discoveries including time, remembering, forgetting, imagination, valences and special auditing lists for each
- And, beyond all those revelations, self-processing lists that provide the *most* powerful of auditing and which can be done anywhere and at any time—uncovering the real world of *you*

The barriers of life are really just shadows. Learn to know yourself, not just a shadow of yourself. *Self Analysis* shows you how.
“The intention of this book is to decrease your reaction time, improve your health and efficiency, to extend your life and to immunize you against illnesses.”

L. Ron Hubbard

from “How to Use this Book,” Handbook for Preclears

The Hubbard Chart of Attitudes that comes with Handbook for Preclears is a self-evaluation chart.
Handbook for Preclears is the legendary self-processing manual that marks the transition from the subject of Dianetics to Scientology. Here are the breakthroughs that revealed the phenomenon of the LIFE CONTINUUM—a mechanism by which every individual takes on the disabilities of the deceased or departed, until they are no longer living their own life. Here, then, are the answers to getting rid of all those parts of “you” that aren’t really YOU. The book includes:

- Expansive essays providing the most complete description of The Ideal State of Man
- The Human Mind, how it operates and its underlying purpose
- The Control Center, the “awareness of awareness” unit of the mind, and how it is CAUSE of the body and environment
- The Fifteen Acts of self-processing that move an individual from EFFECT to CAUSE—processes so powerful that this book is now known as the book of miracles

This workbook edition of Handbook for Preclears has been specifically designed for ease of use in processing, with space provided to answer processing questions and resulting in a permanent and complete record of one’s own case for use in future processing. In self-processing, Handbook for Preclears is used in conjunction with Self Analysis.
SCIENTOLOGY

QUESTIONS AND ANSWERS

What is Scientology?

Scientology embraces and teaches all human destiny.

The term "Scientology" is taken from the words "sci" (meaning to the fullest meaning of the word) and "log" (meaning a study of), Scientology is humankind's search for a knowledge and handling of the spirit in relationship to itself, matter, and all other things.

Dianetics is a system and methodology of Scientology. Dianetics, comes from the Greek word "dia" (which means to make and "nethos" which means to think). Dianetics is "what the truth is doing to the mind."

Higher Dianetics is Scientology's teaching of the methods of knowledge and the methods of application of Scientology. More acceptable and the most advanced methods are used in the teaching of Scientology at the advanced level.
For thousands of years Man has searched, pondered and speculated about the true “meaning of life.” But, in Scientology, that search has culminated—for the secret has now been discovered. Based on precision Axioms (self-evident truths), these are the answers—answers you’ve been looking for, answers that work.

Here, then, is the Basic Book on the Theory and Practice of Scientology, with discoveries embracing every aspect of life, including:

- The Cycle-of-Action, revealing what underlies the continuous cycle of creation, survival and destruction—a cycle that seems inevitable in life, but which is only an apparency
- The Conditions-of-Existence that comprise all life and livingness—and by which one can truly Be
- The Eight Dynamics upon which all life is compartmented and by which one can resolve the puzzle of their own existence
- The Affinity, Reality and Communication Triangle, revealing and explaining the underlying principles of true human relations
- The Parts of Man, the comprehensive explanation of Spirit, Mind and Body, their anatomy and interrelationship in every being
- The Reason Why, answering the questions of “what it’s all about” and giving the very elements of survival, happiness and life itself
- Scientology Processes that unlock the life force that is you

And, with this book, you won’t just “learn”—you’ll discover these principles for yourself. Because this is Scientology—the knowledge of you.
CHAPTER SEVEN

EXHAUSTION

To work or not to work!
That is the question. The answer to that question in most men’s minds is EXHAUSTION.

One begins to feel after he has been long on a job, that he has been considerably drained in that job, that to work any more would be quite beyond his endurance. He is tired. The thought of doing certain things makes him tired. He thinks of doing other things, or being able to force his way along just a little bit further. And if he does, he is thinking of the wrong channels, since the means to exhaustion has little, if anything, to do with energy.

Exhaustion is a very important subject not only to any individual involved in earning his own living, but to the state as well.
Life is composed of seven-tenths work, one-tenth familial, one-tenth political and one-tenth relaxation. Here, then, is Scientology applied to that crucial seven-tenths of existence.

*The Problems of Work* contains the senior principles and laws which apply to every endeavor, every problem of work. For they are the discoveries which lay bare the core of these problems and explain the very fabric of life itself.

The breakthroughs detailed here include:
- The *Anatomy of Confusion*—and its cure
- The *Doctrine of the Stable Datum*—the most fundamental law of work, and living
- The *Anatomy of Control*—and how to turn “bad control” to good
- The *Anatomy of Life as a Game*—and the rules by which it is played
- The “Secret” of Efficiency
- The most fundamental elements of life—Affinity, Reality and Communication
- And the rock bottom cause of Exhaustion, with the powerful Scientology processes that return the energy of youth

Here, then, is not only technology to bring stability to the workplace, but the magic processes to return joy itself to all of life. For this is Scientology.
The materials of Scientology comprise the greatest accumulation of knowledge ever assembled on the mind, spirit and life. Through more than a hundred books and publications, thousands more articles and essays, and over 3,000 recorded lectures, the works of L. Ron Hubbard embrace virtually every aspect of living.

Here, then, is Scientology: A New Slant on Life, containing a timeless selection of Ron’s discoveries drawn from the full wealth of his writings and each one presenting a broad, yet comprehensive overview of Scientology applied to a specific aspect of existence—and, in combination, providing the panoramic overview of life itself.

Here are the answers to questions Man has sought through the ages; here are practical answers you hoped could be found somewhere; here are answers that work.

- Is It Possible to Be Happy?
- Personal Integrity
- Man’s Search for His Soul
- On Our Efforts for Immortality
- The Eight Dynamics that comprise life itself
- The Affinity, Reality and Communication Triangle providing the components for interpersonal relationships
- Marriage
- How to Live with Children
- What Is Greatness?
- The Two Rules for Happy Living
- Anti-Social and Social Personalities
- The Third Party Law revealing the cause of conflict
- Honesty and Ethics
- My Philosophy, Ron’s personal statement on what motivated his life’s work and the quest for Scientology

Here, then, are essentials for living, real solutions that work in the here and now, truths to consult again and again.
Now what do you suppose would happen if one were to try to treat those around him with:

- justice
- loyalty
- good sportsmanship
- fairness
- honesty
- kindness
- consideration
- compassion
- self-control
- tolerance
- forgiveness
- benevolence
- belief
- respect
- politeness
- dignity
- admiration
- friendliness
- love.

and did it with integrity?
True joy and happiness are valuable. If one does not survive, no joy and no happiness are obtainable.

Trying to survive in a chaotic, dishonest and generally immoral society is difficult. Any individual or group seeks to obtain from life what pleasure and freedom from pain that they can.

Your own survival can be threatened by the bad actions of others around you.

Your own happiness can be turned to tragedy and sorrow by the dishonesty and misconduct of others.

I am sure you can think of instances of this actually happening. Such wrongs reduce one’s survival and impair one’s happiness.

You are important to other people. You are listened to. You can influence others.

The happiness or unhappiness of others you could name is important to you.

Without too much trouble, using this book, you can help them survive and lead happier lives.

While no one can guarantee that anyone else can be happy, their chances of survival and happiness can be improved. And with theirs, yours will be.

*It is in your power to point the way to a less dangerous and happier life.*

---

**THE WAY TO HAPPINESS**

**A common sense guide to better living**

**256 pages**

*Available in hardback, paperback or audiobook format, with music (2 CDs)*

*This book is also available in pocket-size booklets in quantities of 12*
Detailed Indexes with thousands of entries allow you to rapidly locate anything in the books—subjects, breakthroughs, charts, processes and key concepts.

Extensive Glossaries provide definitions of not only the terminology of Dianetics and Scientology, but also phrases, slang, names, places, and historical terms. The glossaries are so complete, virtually every word you might run into has been defined.
Each book, hardback and paperback, is designed to facilitate understanding and ease of reading—from the glossaries and indexes to the layout of the pages.

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The same meticulous

Thumb-tabs indicate the glossary for easy reference.
Several of L. Ron Hubbard’s books on Dianetics and Scientology are available in audiobook format. Each Dianetics and Scientology audiobook includes both a full reading of the original work and an accompanying supplement with related materials and glossary.

The audiobook directories include related articles and charts as well as a full glossary of terms and phrases.
FEATURES
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L. RON HUBBARD

THE STORY OF
DIANETICS AND
SCIENTOLOGY

L. RON HUBBARD

THE STORY OF
DIANETICS
AND SCIENTOLOGY

A LECTURE GIVEN ON
18 OCTOBER, 1958
25 MINUTES

Well, that does my heart good. I see I'm welcome in Great Britain still. Thank you.

I'd like to tell you something of the story of Dianetics—some things I've never told anyone before. Would you like to hear that?
To really know life,” L. Ron Hubbard wrote, “you’ve got to be part of life. You must get down and look, you must get into the nooks and crannies of existence. You have to rub elbows with all kinds and types of men before you can finally establish what he is.”

Through his extraordinary journey to the founding of Dianetics and Scientology, Ron did just that. From his adventurous youth in a rough and tumble American West to his far-flung trek across a still mysterious Asia; from his two-decade search for the essence of life to the triumph of Dianetics and Scientology—such is the story Ron recounts in a lecture so legendary, it has been heard by millions.

How could one man discover the source of all human aberration, and provide an actual technology by which Man could rise to greater heights of honesty, decency and personal freedom? Find out for yourself, in a story that could only be told by the man who lived it.
L. RON HUBBARD FILMED INTERVIEW

L. RON HUBBARD

AN INTRODUCTION TO SCIENTOLOGY
What is Scientology? What is the practical application of Scientology for the average man in the street? How can Scientology help people overcome their problems? Why is Man on this planet and what is his purpose here?

Such are the questions posed by millions and, in this rare filmed interview, Ron provided the answers: what drove his quest to help Mankind, his hard won discoveries providing the long sought answers to the riddles of the mind and life, and how he forged a route to accomplish new states of beingness and happiness—here it is as Ron himself explained it to the world.

Meet the man who founded a new religion in the atomic age, a religion that now spans the globe, a religion changing the face of Earth, a religion where science and religion finally meet and so... a religion that could only have been called Scientology.
Get your free GUIDE TO THE MATERIALS

GUIDE TO DIANETICS & SCIENTOLOGY
BOOKS AND LECTURES BY L. RON HUBBARD
You’re on an adventure!
HERE’S THE MAP.

Your journey to a full understanding of Dianetics and Scientology is the greatest adventure of all. But you need a map that shows you where you are and where you are going.

That map is the Materials Guide Chart. It shows all Ron’s books and lectures with a full description of their content and subject matter so you can find exactly what you are looking for and precisely what you need.

New editions of all books include extensive glossaries, containing definitions for every technical term. And as a result of a monumental restoration program, the entire library of Ron’s lectures are being made available on compact disc, with complete transcripts, glossaries, lecture graphs, diagrams and issues he refers to in the lectures. As a result, you get all the data and can learn with ease, not only gaining a full conceptual understanding, but each step of the way ascending to higher states of personal freedom.

To obtain your FREE Materials Guide Chart and Catalog, or to order L. Ron Hubbard’s books and lectures, contact:

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Books and lectures are also available direct from Churches of Scientology.
Dianetics is a forerunner and substudy of Scientology, the fastest-growing religion in the world today. Centers and Churches exist in cities throughout the world, and new ones are continually forming.

Dianetics Centers offer introductory services and can help you begin your journey, or get you started on the adventure of Dianetics auditing. To obtain more information or to locate the Dianetics Center nearest you, visit the Dianetics website:

www.dianetics.org
e-mail: info@dianetics.org

Every Church of Scientology contains a Dianetics Center, offering both introductory services as well as formalized training in the subject. They can also provide further information about Mr. Hubbard’s later discoveries on the subject of Scientology. For more information, visit:

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e-mail: info@scientology.org

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You may have been taught that the mind, spirit and life are very difficult things to know about. This is the first principle of Scientology: **IT IS POSSIBLE TO KNOW ABOUT THE MIND, THE SPIRIT AND LIFE.**

L. Ron Hubbard